



## AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Wichita Chapter

March, 2019

If you're not making mistakes, then you're not doing anything. I'm positive that a doer makes mistakes -- John Wooden

## DISTRACTIONS

are like **blindfolds**. They could cause you to miss:



**Vehicle Inspection Time** Get someone to assist you and do a vehicle walk around inspection. -Check headllights, turn signals park & brake lights Check your tires for wear. proper inflation (don't forget the spare) Keep a can of Fix-a-Flat in your vehicle. -If you have not located the jack for your vehicle yet, you may want to figure out where it is and how it works BEFORE you need it). -Check your fluids (oil, tranny fluid, coolant, brake and windshield washer fluid. Be sure to check your wiper blades and your fan belt too. -Check the light for your license plate and make note of when the tags expire. -A few things you may want to keep in your vehicle (if you don't have them already) Flashlight, First Aid Kit, Jumper Cables, extra coolant, etc.



## The Wichita ASSP Chapter would like to recognize our members with 25+ years!

Schuckman,	Leonard	LP Consultants LLC	45.0
McKinney	David		39.5
Ellis	Charles	Spirit Aerosystems, Inc.	38.0
Juresic	Edward		37.8
Harbaugh	Michael	Protective Equipment Testing Laboratory	36.5
Palmer	James		34.1
Gale	R	Nationwide Insurance	33.5
Harms	James	EMC Insurance Co	32.6
Cothran	Brent	Westar Energy	31.6
Demoss	Alan		31.6
Malinauskas	Mark		29.3
Roehl	Wanda		29.2
Strickland	Michael		27.7
Franklin	Kirk		27.5
Dotts	James		27.3
Jernigan	Willis	Koch Companies Service	27.1
Tammany	Janet	Sharpine Converting Inc.	27.1
Swayne	Marvin	Key Construction Inc	26.7
Buselt	John	Farmers Insurance	26.1
Schroeder	Jack	Siemens Gamesa Renewable Energy, Inc.	25.7
Wilson	James	CHS	25.0

## Take the time, and show a little kindness!

In a study conducted by Dr. Sonja Lyubomirsky, psychology professor at University of California, Riverside, students were assigned to do five random acts of kindness per week for a period of six weeks. At the end of the study, the students' levels of happiness had increased by 41.66%. *Being kind had a profoundly positive effect on happiness.*