



September 2022

SAFETY IS MORE IMPORTANT THAN CONVENIENCE!

BACK TO SCHOOL SCHOOL

<u>Please be careful!</u> School is back in session

Remember to go over these tips with your children:

- -Always look both ways before crossing a street.
- -Never assume a car will stop ... err on the side of caution as the driver may not see you.
- -Report any suspicious activities or vehicles.
- -Never accept a ride from a stranger.
- -If biking to school, always check your tires & brakes -Bicycle helmets prevent death & injury.
- -Walk facing traffic if there is no sidewalk.
- -Wear bright colors if you must walk on roadways.
- -It is best to stick with a friend whenever possible.

Donations are Needed

Blood banks across the country are in short supply of life-saving blood.

It is never too late to start donating blood. The need goes up on holiday weekends like the one coming up. Yes, it may take an hour of your time... but it could save a life



Donate today!

School Zone Driving Safety Tips

- Be on the lookout for school zone signals and ALWAYS obey the speed limits.
- When entering a school zone, be sure to slow down and obey all traffic laws.
- Always stop for school busses that are loading or unloading children.
- Watch out for school crossing guards and obey their signals.
- Be aware of and watch out for children near schools, bus stops, sidewalks, in the streets, in school parking lots, etc.
- Never pass other vehicles while driving in a school zone.
- Never change lanes while driving in a school zone.
- Never make U-Turns while driving in a school zone.
- Never text while driving in a school zone.
- Avoid using a cell phone, unless entirely hands-free, while driving in a school zone.
- Unless licensed to do so, never use handicap or emergency vehicle lanes or spaces to drop off or pick up children at school.

Food Safety Education Month



September is National Food Safety Education Month (FSEM). It's a great time to freshen up on food safety and educate others about preventing food poisoning.

Take Steps to Prevent Food Poisoning

As you prepare and handle food, <u>follow these four steps</u> to help prevent foodborne illness (also called food poisoning):

- Clean: Wash your hands, utensils, and surfaces often when you cook.
- Separate: Raw meat, chicken, turkey, seafood, and eggs can spread germs. Separate them from cooked food and fresh produce.
- Cook: Use a food thermometer to make sure foods are cooked to an <u>internal</u> <u>temperature</u> that kills germs.
- Chill: Refrigerate perishable foodsexternal icon (foods likely to spoil or go bad quickly) and leftovers within 2 hours, or within 1 hour if the food is exposed to temperatures above 90°F (like a hot car or summer picnic).



SEPTEMBER IS

NATIONAL

PREPAREDNESS

MONTH

2017

Disasters Don't Plan Ahead.
YOU CAN.



SEPTEMBER MEETING Please check our chapter website for details: Wichita.assp.org

Wichita Chapter Meetings (unless otherwise noted) are hosted on the first Monday of each month.

iSi Environmental, Inc. 215 S. Laura St. Wichita, Kansas Map and Directions

Meetings start with a Luncheon at 11:30 am, followed by a technical presentation from 12:00-1:00 pm. All meetings cost \$10 to attend.

We hope you will be able to join us for the upcoming meetings! We have lined up excellent presenters and interesting topics, so we hope to see you at iSi. Anyone can get sick from food poisoning. But <u>some groups of people are more likely</u> to get sick and to have a more serious illness:

- Adults aged 65 and older
- Children younger than 5
- People with weakened immune systems (for example, people with diabetes, liver or kidney disease, alcoholism, or HIV, or people who receive chemotherapy or radiation therapy)
- Pregnant people

Salmonella: A Prevention Priority

CDC estimates that <u>Salmonella</u> is responsible for more foodborne illnesses in the United States than any other bacteria. Though <u>Salmonella</u> can be found in a <u>variety of foods</u>, chicken is a major source of these illnesses. Ground beef has also been linked to large <u>Salmonella</u> outbreaks in recent years. CDC and partners are working along the food chain to prevent <u>Salmonella</u> illnesses associated with <u>chicken</u> and ground beef.

When you cook chicken or ground beef, follow the <u>four steps</u> to food safety to help protect you and your family from *Salmonella* and other germs. Here's a recipe that shows how to prepare chicken following the four steps. Food Safety Chef will share other *Salmonella* prevention tips on social media during FSEM.

National Preparedness Month

2022 Theme: A Lasting Legacy - The life you've built is worth protecting. Prepare for disasters to create a lasting legacy for you and your family.

National Preparedness Month is an observance each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time.

In 2021, FEMA's Ready Campaign and the Ad Council broke ground by producing the first-ever national preparedness campaign specifically targeting the Latino community for National Preparedness Month. Released during Hispanic Heritage month, the advertisements centered around the Latino community's commitment to personal planning for occasions and family milestones as a bridge to also planning for disasters.

This one-of-a-kind campaign is committed to putting people first and reaching communities where they are. To continue these efforts, this year's National Preparedness Month campaign will feature a call to action for the Black and African American community.

This year's national public service announcements are being developed and will be released throughout the country this September, to help get preparedness information into the hands of those who live in underserved communities.

Visit Ready.gov for more information

For many across the country, September is the beginning of hurricane season. For others, wildfires may still be a threat left over from summer. Whatever natural disasters your home is prone to, it's smart to be prepared for anything. Sit down with your family and create an evacuation plan and gather supplies into an emergency kit for your home.

Check out <u>www.SafeWise.com/emergency-kits/</u> to learn how to assemble one in your home.

If you would like to be added to the email list, please contact president@wichita.assp.org.