

# SAFETY FIRST



AMERICAN SOCIETY OF  
SAFETY PROFESSIONALS

Wichita Chapter

September 2020

SAFETY IS MORE IMPORTANT THAN CONVENIENCE!

BACK TO SCHOOL  
SAFETY



**Please be careful!**  
**School is back in session**

Remember to go over these tips with your children:

- Always look both ways before crossing a street.
- Never assume a car will stop ... err on the side of caution as the driver may not see you.
- Report any suspicious activities or vehicles.
- Never accept a ride from a stranger.
- If biking to school always check your tires & brakes
- Bicycle helmets prevent death & injury.
- Walk facing traffic if there is no sidewalk.
- Wear bright colors if you must walk on roadways.
- It is best to stick with a friend whenever possible.

## **Donations are Needed**

Blood banks across the country are in short supply of life-saving blood.

It is never too late to start donating blood. The need goes up on holiday weekends like the one coming up. Yes, it may take an hour of your time... but it could save a life



**Donate today!**

## **School Zone Driving Safety Tips**

- Be on the lookout for school zone signals and ALWAYS obey the speed limits.
- When entering a school zone, be sure to slow down and obey all traffic laws.
- Always stop for school busses that are loading or unloading children.
- Watch out for school crossing guards and obey their signals.
- Be aware of and watch out for children near schools, bus stops, sidewalks, in the streets, in school parking lots, etc.
- Never pass other vehicles while driving in a school zone.
- Never change lanes while driving in a school zone.
- Never make U-Turns while driving in a school zone.
- Never text while driving in a school zone.
- Avoid using a cell phone, unless it is completely hands-free, while driving in a school zone.
- Unless licensed to do so, never use handicap or emergency vehicle lanes or spaces to drop off or pick up children at school.

## **Labor Day Safety Tips**

**Going on the Road?** - The NSC reports nearly 400 deaths result from motor vehicle collisions over Labor Day Weekend. It's one of the busiest weekends on the road. Plan for frequent rest stops, and divide driving duties if possible. Have your car checked before you head out to avoid a breakdown on the road. And, pack an emergency kit with a flashlight, jumper cables, a tool kit, tire gauge and flares.

**Celebrating?** - Remember, drinking impacts your decision making, coordination, reaction time & vision. Set a limit on how much you will consume before you arrive at the neighborhood cookout. Then, stick to it. Drink a glass of water in between alcoholic drinks to help keep hydrated & pace your alcohol consumption. If you drink more than you planned, ask for help getting home. Operating a motor vehicle after just a drink or two is dangerous.

Barbeques and neighborhood pot-lucks are plentiful and so is the chance of food-borne illness. Be sure to wash your hands before & after you touch raw meat. Dry your hands on paper towels instead of cloth towels, and discard immediately. Refrigerate meat that's waiting to hit the grill. Never leave food that requires refrigeration (e.g., potato salad, coleslaw, chicken salad) out in the sun. Instead, set the item the bowl is in on top of a pan filled with ice, and serve from a shaded area. Return the item to the refrigerator once everyone's eaten.

**Going on the Water?** - Make sure you keep it safe by ensuring the boat is in good mechanical condition, and carries all safety equipment including personal flotation devices, an emergency kit and a first aid kit. Keep away from restricted areas, be sure that you're familiar with the rules of the water, and tell someone on land where you're heading and what time you expect to return.

• **Remember the Sunscreen & Stay Hydrated!** - It's the end of summer, but in many parts of the country the sun is still raging. Drink plenty of water and remind others to do so. Apply sunscreen before you head out in the sun and reapply as necessary. Remember that the elderly and the young have especially sensitive skin and don't forget that some medications can increase your skin's sensitivity to the sun. ***Keep safety in mind and have a Safe Labor Day Weekend!***