



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Wichita Chapter

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Anger is like milk, it should not be kept too long. –Phyllis Bottome



Oral Hygiene Facts

According to the American Academy of Pediatric Dentistry, more than 50% of children will be affected by tooth decay before age five.

Keep Healthy Teeth with the 2-2-2 Rule. Help keep your child's teeth healthy by using the 2-2-2 rule: visit your dentist two times a year, and brush and floss TWO times a day for TWO whole minutes!

How Do You Get Kids to Brush Their Teeth? Pediatric dentists recommend parents follow the "tell, show, do" model:

- **Tell:** In age-appropriate language, explain how to brush and floss and how those actions keep teeth clean and healthy
- **Show:** Let children watch when mom or dad brush and floss their own teeth
- **Do:** Help children brush & floss their teeth in the morning & before bed, and keep a regular routine so they know it's expected. Continue helping to brush a child's teeth until age 4 or 5. After that, let them do it, but supervise them until age 7 or 8. Both children and adults should brush for two minutes, twice a day

The Return of Investment

According to the ADHA, every dollar spent on preventative dental care could save you \$8 to \$50 in restorative & emergency dental treatments. A child should see a pediatric dentist when their first tooth appears, or by his or her first birthday.



Safety matters

February is National Children's Dental Health Month

Reports show that American students miss 51 million hours of school every year because of oral health problems. And students who are absent miss critical instruction time—especially in early grades where reading skills are an important focus and the building blocks of future learning. And students who have experienced recent oral health pain are four times more likely to have lower grade point averages than their counterparts who have not.

That's why NEA's Read Across America and its sponsor, Renaissance Dental, are celebrating National Children's Dental Health Month to raise awareness about the importance of good oral health. Parents and children are encouraged to brush their teeth for two minutes, two times per day, and read for 20 minutes as a way of building good oral health and literacy habits.

To further help educators and parents promote good oral health and literacy skills, check out these resources.

Bed bugs are attracted to dirty laundry according to new research

A recent study suggests that leaving worn clothes exposed in sleeping areas when travelling may facilitate the dispersal of bed bugs. Published in the journal Scientific Reports, the University of Sheffield research conducted experiments in two identical, temperature-controlled rooms in which four tote bags of clothes were placed -- two containing soiled clothes, two with clean clothes -- in the presence of bed bugs.

In each run of the experiment, one room received an increase in concentration of CO² to simulate human breathing. The scientists found that in the absence of a human host, bed bugs were twice as likely to aggregate on bags containing soiled clothes compared to bags containing clean clothes.

The study also found that in the room with increased concentrations of CO², bed bugs were more likely to leave their refuge and initiate host-seeking behavior. Results from the research suggest that residual human odor on soiled clothes acts as an elicitor of host-seeking behavior in bed bugs. Consequently, dirty laundry left in an open suitcase, or left on the floor of an infested room may attract bed bugs.

Dr. William Hentley from the University of Sheffield said: "*Bed bugs are a huge problem for hotel and homeowners, particularly in some of the world's biggest and busiest cities. Once a room is infested with bed bugs, they can be very difficult to get rid of, which can result in people having to dispose of clothes and furniture that can be really costly.*"

"Our study suggests that keeping dirty laundry in a sealed bag, particularly when staying in a hotel, could reduce the chances of people taking bed bugs home with them, which may reduce the spread of infestations."

Dryer Safety Tips

Fact: *The leading cause of home clothes dryer fires is failure to clean them.*

- Check the outdoor vent flap to make sure it is not covered by snow.
- Keep the area around your dryer clear of things that can burn, like boxes, cleaning supplies and clothing, etc.
- Clothes that have come in contact with flammable substances, like gasoline, paint thinner, or similar solvents should be laid outside to dry, then can be washed and dried as usual.

A torn jacket is soon mended; but hard words bruise the heart of a child. -Henry Wadsworth Longfellow